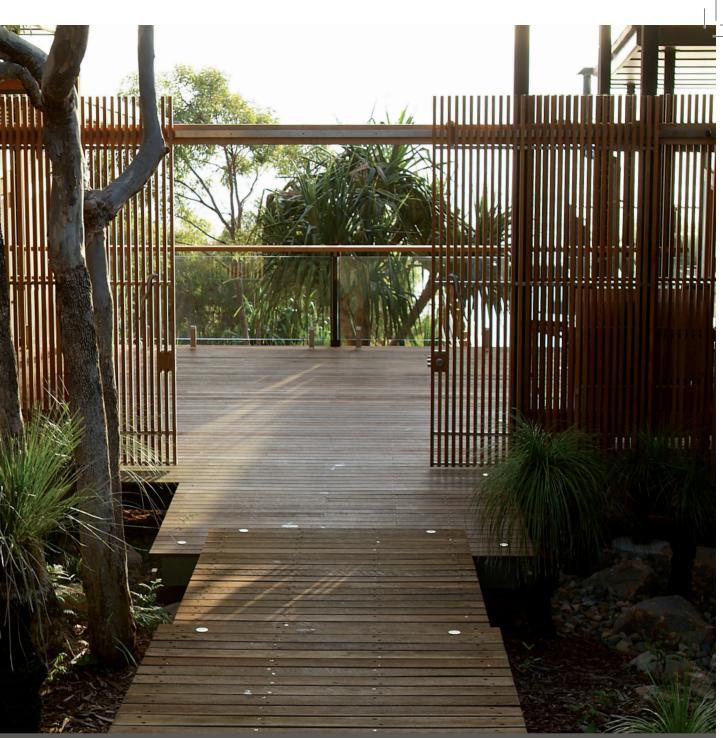
awa Ken

delahrose roobie myer

 \cdot artistic director \cdot creative designer \cdot mentor.





ATTA

Delahrose Roobie Myer takes a truly holistic approach to health and wellbeing in her search for ways to add value to her clients' lives With an expansive career founded in **natural therapies** and the **spa industry**, Delahrose is an experienced **therapist**, **manager**, **leader** and also **designer** of inspirational healing environments.

In every role and for every client, Delahrose draws on her vast training, experience and natural intuition to help awaken the senses, the spirit and the soul.

awaken the spirit the senses & the soul



leader

as a leader, Delahrose inspires others with her passion for health and wellness Delahrose brings to her leadership roles a vast knowledge of the healing arts combined with highly developed **interpersonal skills** and **sales and marketing** expertise.

A graduate of the **Preston Wynne Spa & Salon Success Systems Spa Directors programme**, Delahrose has extensive experience working as a **spa manager** and **spa programme director** both in Australia and internationally. She has successfully **managed team performance** to meet budgets and targets, and has experience in **implementing/ monitoring** policies, systems and treatment procedures.

As an experienced **entrepreneur and business owner,** she also understands the importance of being a leader in any field. as a practitioner, Delahrose has spent a lifetime learning and refining her craft with qualifications across the spectrum of healing arts life-changing experience Delahrose is trained and experienced in a diverse range of therapies including:

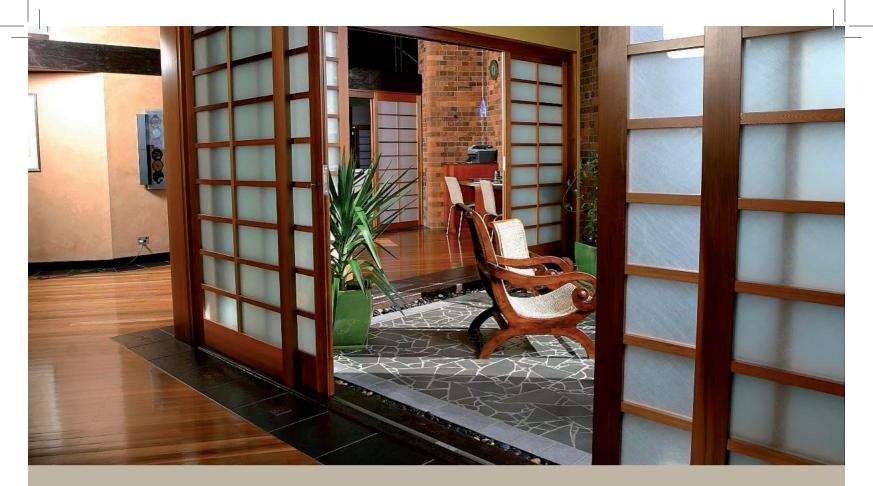
- massage
- yoga
- aromatherapy
- shamanic healing
- astrology
- epona and equine facilitated learning.

Drawing on this broad knowledge, Delahrose is able to choose the most appropriate health and healing modalities for her clients to optimise their wellbeing. healing through horses Inspired by the transformative power of the human-horse relationship, Delahrose has a special interest in **equine** facilitated learning.

Through **awaken equus**, Delahrose is fully qualified to guide clients on a journey of selfdiscovery as part of a range of **programmes and one-on-one workshops with horses.** She is also able to utilise her experience and knowledge as a therapist to build **wellness programmes for horses**, including herbs and special aromatherapy, massage, cranial-sacral therapy and exercise.

Wherever you are in the world, Delahrose can bring her vast knowledge and experience to conduct **personalised sessions** that are unique, authentic and truly engaging.

practitioner



creative designer

as a creative designer, Delahrose applies her holistic approach to health and wellbeing, creating environments that inspire and heal the soul

holistic design

Delahrose established **awaken designs** in 2003 with the vision to fuse her **interior design** training with her experience in the healing arts. With a special interest in **spa and wellness environments**, she has travelled the world in search of the most inspiring and healing spaces. Delahrose infuses the depth of her experience into every **awaken designs** project, creating nurturing and healing environments for discerning individuals and businesses.



diverse experience

Delahrose has completed design projects for an elite group of clients in Australia and abroad, involving property to the value of \$33 million.

Significant projects include **sunrise** on the Turtle Coast – awarded **Australia's Best Sustainable Development** – where Delahrose was instrumental in the planning, creation and implementation of the key design concepts. For her work at sunrise, Delahrose was one of twenty Australian individuals and partnerships recognised in the 2009 Travel Innovators Awards for her role in creating an ecologically sustainable, eco-friendly destination.

"FIABCI World Prix D'excellence Awards"

Silver Medal, Sustainable Design (Project: Sunrise at 1770)

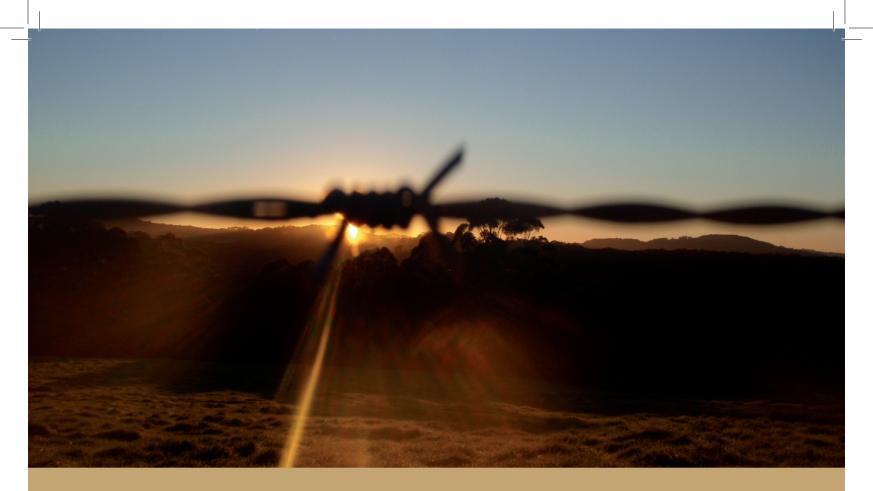
specialised design:

- spa and wellness environments
- vision-planned estates
- residential spaces
- eco-tourism developments
- sustainable design

as a team builder, Delahrose has a natural ability to inspire and guide others Delahrose is experienced in team assembly, training and motivation, successfully leading large teams across the breadth of her career.

building emotional IQ Through her training in equine facilitated learning, Delahrose has further developed her emotional intelligence and interpersonal skills and can help develop these skills in others. handpicking the best As a project manager, Delahrose has handpicked the best professionals for the job to create a cohesive, creative and efficient project team. The award-winning development 'sunrise' on Queensland's Turtle Coast is a testament to this approach.

team builder



explorer

as an explorer, Delahrose is forever in search of new ways to add value to her own life and the lives of others A passion for life-long learning has led Delahrose to explore not only the corners of the globe, but also many different walks of life and philosophies. The result is a uniquely holistic view of the human body and how we interact with others and the world around us.

Delahrose brings this unique perspective to every role – whether as a therapist, designer or team leader. And it is this perspective that enables her to inspire and awaken the senses of her clients, colleagues and friends. as a life-long student, Delahrose holistic approach is founded in extensive education and training Shamanic Practitioner Training (with Sandra Ingerman, Sante Fe, New Mexico)

Equine Facilitated Experiential Learning Programme (with Linda Kohanov, Arizona)

Yoga Teacher Training (Radiant Light Hatha Yoga, Brisbane Australia)

Remedial & Swedish Massage (Queensland Institute of Natural Science)

Psychology-based Astrology Training (Federation of Australian Astrologers)

Spa Directors' Certification – Intensive (Preston Wynne Spa & Salon Systems, California)

Interior Decorating (Valma Pugh Interior Decorating, Brisbane Australia) Aromatherapy, Organic Chemistry Diploma (The Aromatherapy College of Queensland)

Anatomy and Physiology (Australian College of Natural Medicine Brisbane)

current studies

Gestalt Psychotherapy (Australian/New Zealand Institute)

Mind Detox Method – Practitioner training (with Founder Sandy Newbigging, UK)

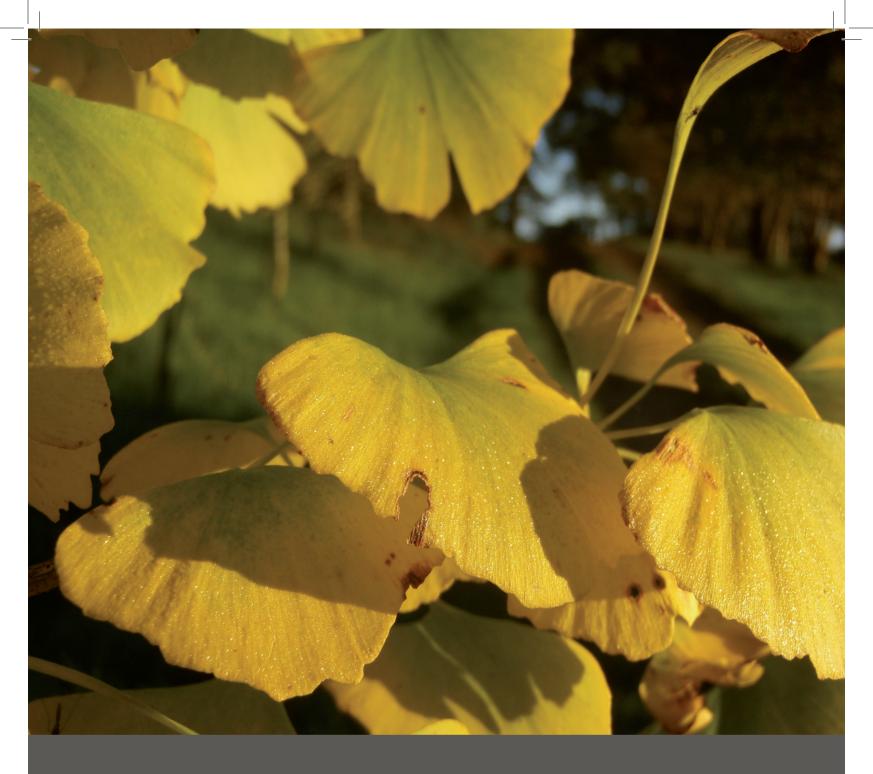
Certified Master Practitioner NLP (Nero Linguist Programming and Hypnotherapy) (Worldwide International NLP Institute Australia)

professional associations

Member of the International Federation of Aromatherapists

Member of the Equestrian Federation of Australia

student



to discover how you can awaken your or your clients' senses, please contact:

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